

# Advanced Studies in Alcohol and Drug Counseling

2011-12

**Total Units Required: 17**

<i>2011-12 Course No.</i>	<i>Previous Course No.</i>	<i>Title</i>	<i>Units</i>	<i>Institution &amp; Course No.</i>	<i>Grade</i>	<i>Units (s/q)</i>	<i>Term</i>
• ADC 111	.....(none)	.....Substance Abuse and Society.....	2.0	_____			
• ADC 130#	.....(none)	.....Div & Cultural Issues in Couns: Id, Expr & Addic..	3.0	_____			
• ADC 131#	.....(none)	.....Attitudes, Motivation and Behavior Change .....	3.0	_____			
• ADC 132#	.....(none)	.....Substance Abuse and Adolescents.....	3.0	_____			
• ADC 134#	.....(none)	.....Co-Occurring Disorders II: Mgmt and Treatment....	3.0	_____			
• ADC 139	.....(none)	.....Introduction to Process Addictions .....	3.0	_____			

# Acceptable substitutions are as follows: ADC 103 will substitute for ADC 130; ADC 109 will substitute for ADC 131; ADC 110 will substitute for ADC 132; and, ADC 115 will substitute for ADC 134.

**Skills Competency Award Requirements:** Students must complete the above courses with a grade of C or higher or Pass in all courses. Candidates for a Skills Competency Award are required to complete at least 20% of the department requirements through SBCC.

**Additional Program Information**

For further information, contact the Counseling Center, 965-0581, Ext. 2285, or Gordon Coburn, Department Chair, 965-0581, Ext. 3021. Check your Skills Competency Award progress with DARS U-Achieve at [www.sbccc.edu/DARS](http://www.sbccc.edu/DARS).

**Programs of Study (In alphabetical order)**

Accounting (AS)  
 Accounting/Assistant Bookkeeper I-IV [I-III (D); IV (C)]  
 Accounting Information Systems I-III (SCA)  
 Acute Care CNA (SCA)  
 Administration of Justice (AA/AS/C) – 3 emph. available for AS & C, 1 for AA  
 Advanced Studies in Alcohol and Drug Counseling (SCA)  
 Alcohol and Drug Counseling (AA/C)  
 Animation (AA/C)  
 Anthropology (AA)  
 Applied Photography (AA/C)  
 Art (AA) - 2 emphases available  
 Associate Child Care Teacher (C)  
 Automotive Services & Technology (AS/C)

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Baking and Pastry (SCA)  
 Biological Sciences (AA)  
 Bio-Medical Sciences (D)  
 Black Studies (AA)  
 Bookkeeping (SCA)  
 Business Admin. (AA/C/SCA) – 3 emphases available for AA, 2 for C, 2 for SCA  
 Business Communications (SCA)

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Cancer Information Management (AS/C)  
 Certified Nursing Assistant (SCA)  
 Chemistry (AA)  
 Chicano Studies (AA)  
 Cisco Networking Associate (SCA)  
 Cisco Networking Professional (SCA)  
 Commercial Diving (SCA)  
 Commercial Music (C)  
 Communication (AA) - 2 emphases available  
 Computer App. & Office Managem. (AS/C) - 2 emphases available  
 Computer Information Systems (AS) – Emph. in System Administration available  
 Computer Network Engineering (AS/C)  
 Computer Networking Technology (SCA)  
 Computer Proficiency Online (SCA)  
 Computer Science (AS/C)  
 Cosmetology (AS/C)  
 Creative Writing (C) – 2 emphases available  
 Culinary Arts (AS/C)

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Database Programming and Applications Development (C)  
 Diagnostic Medical Sonography (C)  
 Digital Darkroom and Color Management for RGB (SCA)  
 Diversity Issues in ECE (C)  
 Drafting/CAD (AS/C)

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Early Childhood Education (AS/C)  
 Economics (AA)  
 Emergency Medical Technician/Basic (SCA)  
 Engineering (AA/AS)  
 English (AA)  
 Entrepreneurship (SCA) – 3 emphases available  
 Environmental Horticulture (AS/C) - 4 emphases available for AS, 1 for C  
 Environmental Studies (AA)  
 Esthetician (SCA) – 2 levels available  
 Ethnic Studies (AA)

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Film Production (AA)  
 Film Studies (AA)  
 Finance (AA/C)  
 French (AA)

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Game Design (D)  
 Geography (AA)  
 Geological Sciences (AA)  
 Global Studies (AA)  
 Graphic Design & Photography – Graphic Design Concentration (AA/C)  
 Graphic Design (C)  
 Great Books Curriculum (D)

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Health Care IT Workforce Training (SCA)  
 Health Information Technology (AS)  
 Help Desk and Desktop Support (SCA) – 2 levels available

History (AA)  
 Home Health Aide (SCA)  
 Honors (C/C with highest honors) – 2 emphases available  
 Hospitality (AS/C)  
 Hospitality Operations Specialist (SCA)  
 Human Resource Hospitality Specialist (SCA)

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Infant/Toddler Development (C)  
 Information Technology Management (SCA)  
 Interior Design (AA/C)  
 International Business (AA/C)  
 International Marketing Communication (SCA)  
 Introduction to Teaching English as a Foreign Language (SCA)

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Journalism (AA/C) – 3 emphases available

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Landscape Operations (SCA)  
 Law & Society (AA) - Emphasis in Criminal Justice available  
 Liberal Arts & Sciences (AA) – 4 emphasis available  
 Liberal Studies (AA) – Emphasis in Education

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Manicure (SCA)  
 Marine Diving Technician (AS/C)  
 Marine Science (D)  
 Marketing (AA/C)  
 Mathematics (AA)  
 Media Arts (AA/C)  
 Media Design and Development (SCA)  
 Medical Coding Specialist (C)  
 Microsoft Office Development (SCA)  
 Microsoft SQL Server Database Administration (SCA)  
 Microsoft Windows System Administration and Security (SCA)  
 Middle East Studies (AA)  
 Mobile Application Developer (SCA)  
 Mobile Device Administration (SCA)  
 Mobile Media Core (SCA)  
 Music (AA/D)

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Native American Studies (AA)  
 Natural History (AA/D)  
 Nursing - ADN (AS)

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Office Assistant (SCA)

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PC Support/Network Management (C)  
 Personal Chef Training (SCA)  
 Philosophy (AA)  
 Photo Design (SCA) – 3 awards available  
 Physical Education (AA) - 3 emphases available  
 Physics (AA/AS)  
 Political Science (AA)  
 Post-Professional Practice in ADC (C)  
 Print and Color Management for CMYK (SCA)  
 Psychology (AA)

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Radiography (AS)  
 Real Estate (AS/C)

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Sales and Marketing (SCA)  
 School-Age Care (C)  
 Sociology (AA)  
 Spanish (AA)  
 Sustainable Horticulture (SCA)

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Technical Writing (SCA)  
 Theatre Arts (AA) - 3 emphases available and 1 department award  
 Transfer – CSU General Education Breadth Pattern (C)  
 Transfer – IGETC (C)

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Virtualization System Administration (SCA)  
 Vocational Nursing (AS/C)

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Water Science (C) - 4 options available  
 Web Journalism (SCA)  
 Web Marketing and Media Design (SCA)  
 Web Programming (SCA)  
 Web Server Administration (SCA)



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 2011-12**

**Skills Competency Award in Advanced Studies in Alcohol and Drug Counseling**

Upon completion of the Skills Competency Award in Advanced Studies in Alcohol and Drug Counseling, the following competencies will be achieved:

- Describe the impact of the war on drugs, the sources, costs and extent of substance abuse in the U.S, the levels of government response to it and the importance of utilizing community resources locally and nationally.
- Demonstrate the role of culture and identity play in determining an individual’s reality and how specific cultural beliefs and values shape the legal and illegal, moderate and excessive substance abuse, impacting a diverse array of populations, historically and currently.
- Describe the therapeutic conditions that facilitate behavior change, demonstrating an understanding of the role of attitude and motivation in behavior change.
- Compare and contrast adolescent and adult substance abuse, identifying the roles of family and peer group in the assessment and treatment of adolescents.
- Demonstrate the need for integrated treatment services for dually diagnostic individuals, identifying management and treatment issues faced by professionals working with dually diagnostic clients and the special needs of family members.
- Demonstrate a basic understanding of DSM-IVTR definitions of process addictions, providing evidence supporting the etiology of addictions occurring constellations.
- Demonstrate the role of the Internet as a catalyst for addictive behavior.

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Key: (AA)=Associate in Arts; (AS)=Associate in Science; (C)=Certificate of Achievement; (D)=Department Award; (SCA)= Skills Competency Award