

Department Requirements (Total Department Units: 38-39)

2011-12 Course No.	Previous Course No.	Title	Units	Institution & Course No.	Grade	Units (s/q)	Term
• ADC 120*+.....	(none).....	Alcohol & Other Drugs: Hist, Dynam & Models.....	3.0				
• ADC 121*+.....	(none).....	Basic Interviewing and Counseling Skills.....	3.0				
• ADC 122*.....	(none).....	Pharm & Physiol Effects of Alcoh & Other Drugs.....	3.0				
• ADC 123*+.....	(none).....	Group Treatment.....	3.0				
• ADC 124*.....	(none).....	Chemical Dependency and the Family.....	3.0				
• ADC 125*.....	(none).....	Co-Occurring Disorders I: Recognition & Referral.....	3.0				
• ADC 126*.....	(none).....	Treatm & Case Mgmt of the Chem-Depend Indiv.....	4.0				
• ADC 152.....	(none).....	Clinical Process.....	3.0				
• PSY 100.....	(PSYCH 1/100).....	General Psychology OR	3.0				
• PSY 100H.....	(PSYCH 100HR).....	General Psychology, Honors.....	4.0				
• ADC 290.....	(none).....	Work Experience in Alcohol and Drug Counseling.....	4.0				

* Acceptable substitutions are as follows: ADC 100 will substitute for ADC 120; ADC 101 will substitute for ADC 121; ADC 102 will substitute for ADC 122; ADC 107 will substitute for ADC 123; ADC 108 will substitute for ADC 124; ADC 112 will substitute for ADC 125; and, ADC 105 & 106 OR ADC 106 & 116 will substitute for ADC 126.

+ ADC 120 and 121 should be taken before other ADC counseling courses (i.e., ADC 123, 124, 126).

Required Alcohol and Drug Counseling Elective Course/s: Choose any one of the following combination of courses for a total of 3units:

• ADC 111.....	(none).....	Substance Abuse and Society.....	2.0				
• ADC 117.....	(none).....	Motivational Interviewing.....	1.0				
• ADC 118.....	(none).....	Relationships in Recovery.....	1.0				
• ADC 119.....	(none).....	Finding Your Authentic Voice.....	1.0				
• ADC 127.....	(none).....	Compl Treat: Auric Accup, Nutr & Amino Acid Ther.....	1.0				
• ADC 128.....	(none).....	Intro. to Twelve Steps of Alcoholics Anonymous.....	1.0				
• ADC 130#.....	(none).....	Div & Cultural Iss in Couns: Id, Expr & Addiction.....	3.0				
• ADC 131#.....	(none).....	Attitudes, Motivation and Behavior Change.....	3.0				
• ADC 132#.....	(none).....	Substance Abuse and Adolescents.....	3.0				
• ADC 133#.....	(none).....	Anger Management and Family Violence.....	3.0				
• ADC 134#.....	(none).....	Co-Occurring Disorders II: Mgmt and Treatment.....	3.0				
• ADC 136.....	(none).....	Eating Disorders I.....	1.0				
• ADC 137.....	(none).....	Conflict Resolution.....	1.0				
• ADC 138.....	(none).....	Multiple Sexual Addictions.....	1.0				
• ADC 139.....	(none).....	Introduction to Process Addictions.....	3.0				
• ADC 140.....	(none).....	Recovery Through Movement.....	2.0				
• ADC 141.....	(none).....	Integral Treatment Modalities.....	1.0				

Acceptable substitutions are as follows: ADC 103 will substitute for ADC 130; ADC 109 will substitute for ADC 131; ADC 110 will substitute for ADC 132; ADC 113 or ADC 114 will substitute for ADC 133; and, ADC 115 will substitute for ADC 134.

Required Behavioral Science elective: Choose any one of the following courses:

• PSY 130.....	(PSYCH 3/130).....	Personality Dynamics and Effective Behavior.....	3.0				
• PSY 170.....	(PSYCH 170).....	Abnormal Psychology.....	3.0				
• SOC 101.....	(1).....	Introduction to Sociology OR	3.0				
• SOC 101H.....	(none).....	Introduction to Sociology, Honors.....	3.0				
• SOC 103.....	(3).....	Marriage, Family and Intimacy.....	3.0				
• SOC 104.....	(4).....	Social Psychology.....	3.0				

Certificate of Achievement Requirements: Complete all department requirements for the certificate with a cumulative grade point average (GPA) of 2.0 or better. Candidates for a Certificate of Achievement are required to complete at least 20% of the department requirements through SBCC. Pass/no Pass grading is not permitted in those courses needed to fulfill department requirements.

Additional Program Information

For further information, contact the Counseling Center, 965-0581, Ext. 2285 or Gordon Coburn, Department Chair, 965-0581, Ext. 3021. Check your certificate progress with DARS U-Achieve at www.sbccc.edu/DARS.

Programs of Study (In alphabetical order)

Accounting (AS)
 Accounting/Assistant Bookkeeper I-IV [I-III (D); IV (C)]
 Accounting Information Systems I-III (SCA)
 Acute Care CNA (SCA)
 Administration of Justice (AA/AS/C) – 3 emph. available for AS & C, 1 for AA
 Advanced Studies in Alcohol and Drug Counseling (SCA)
 Alcohol and Drug Counseling (AA/C)
 Animation (AA/C)
 Anthropology (AA)
 Applied Photography (AA/C)
 Art (AA) - 2 emphases available
 Associate Child Care Teacher (C)
 Automotive Services & Technology (AS/C)

Baking and Pastry (SCA)
 Biological Sciences (AA)
 Bio-Medical Sciences (D)
 Black Studies (AA)
 Bookkeeping (SCA)
 Business Admin. (AA/C/SCA) – 3 emphases available for AA, 2 for C, 2 for SCA
 Business Communications (SCA)

Cancer Information Management (AS/C)
 Certified Nursing Assistant (SCA)
 Chemistry (AA)
 Chicano Studies (AA)
 Cisco Networking Associate (SCA)
 Cisco Networking Professional (SCA)
 Commercial Diving (SCA)
 Commercial Music (C)
 Communication (AA) - 2 emphases available
 Computer App. & Office Managem. (AS/C) - 2 emphases available
 Computer Information Systems (AS) – Emph. in System Administration available
 Computer Network Engineering (AS/C)
 Computer Networking Technology (SCA)
 Computer Proficiency Online (SCA)
 Computer Science (AS/C)
 Cosmetology (AS/C)
 Creative Writing (C) – 2 emphases available
 Culinary Arts (AS/C)

Database Programming and Applications Development (C)
 Diagnostic Medical Sonography (C)
 Digital Darkroom and Color Management for RGB (SCA)
 Diversity Issues in ECE (C)
 Drafting/CAD (AS/C)

Early Childhood Education (AS/C)
 Economics (AA)
 Emergency Medical Technician/Basic (SCA)
 Engineering (AA/AS)
 English (AA)
 Entrepreneurship (SCA) – 3 emphases available
 Environmental Horticulture (AS/C) - 4 emphases available for AS, 1 for C
 Environmental Studies (AA)
 Esthetician (SCA) – 2 levels available
 Ethnic Studies (AA)

Film Production (AA)
 Film Studies (AA)
 Finance (AA/C)
 French (AA)

Game Design (D)
 Geography (AA)
 Geological Sciences (AA)
 Global Studies (AA)
 Graphic Design & Photography – Graphic Design Concentration (AA/C)
 Graphic Design (C)
 Great Books Curriculum (D)

Health Care IT Workforce Training (SCA)
 Health Information Technology (AS)
 Help Desk and Desktop Support (SCA) – 2 levels available

History (AA)
 Home Health Aide (SCA)
 Honors (C/C with highest honors) – 2 emphases available
 Hospitality (AS/C)
 Hospitality Operations Specialist (SCA)
 Human Resource Hospitality Specialist (SCA)

Infant/Toddler Development (C)
 Information Technology Management (SCA)
 Interior Design (AA/C)
 International Business (AA/C)
 International Marketing Communication (SCA)
 Introduction to Teaching English as a Foreign Language (SCA)

Journalism (AA/C) – 3 emphases available

Landscape Operations (SCA)
 Law & Society (AA) - Emphasis in Criminal Justice available
 Liberal Arts & Sciences (AA) – 4 emphasis available
 Liberal Studies (AA) – Emphasis in Education

Manicure (SCA)
 Marine Diving Technician (AS/C)
 Marine Science (D)
 Marketing (AA/C)
 Mathematics (AA)
 Media Arts (AA/C)
 Media Design and Development (SCA)
 Medical Coding Specialist (C)
 Microsoft Office Development (SCA)
 Microsoft SQL Server Database Administration (SCA)
 Microsoft Windows System Administration and Security (SCA)
 Middle East Studies (AA)
 Mobile Application Developer (SCA)
 Mobile Device Administration (SCA)
 Mobile Media Core (SCA)
 Music (AA/D)

Native American Studies (AA)
 Natural History (AA/D)
 Nursing - ADN (AS)

Office Assistant (SCA)

PC Support/Network Management (C)
 Personal Chef Training (SCA)
 Philosophy (AA)
 Photo Design (SCA) – 3 awards available
 Physical Education (AA) - 3 emphases available
 Physics (AA/AS)
 Political Science (AA)
 Post-Professional Practice in ADC (C)
 Print and Color Management for CMYK (SCA)
 Psychology (AA)

Radiography (AS)
 Real Estate (AS/C)

Sales and Marketing (SCA)
 School-Age Care (C)
 Sociology (AA)
 Spanish (AA)
 Sustainable Horticulture (SCA)

Technical Writing (SCA)
 Theatre Arts (AA) - 3 emphases available and 1 department award
 Transfer – CSU General Education Breadth Pattern (C)
 Transfer – IGETC (C)

Virtualization System Administration (SCA)
 Vocational Nursing (AS/C)

Water Science (C) - 4 options available
 Web Journalism (SCA)
 Web Marketing and Media Design (SCA)
 Web Programming (SCA)
 Web Server Administration (SCA)



Santa Barbara City College

Alcohol and Drug Counseling

2011-12

Certificate of Achievement in Alcohol and Drug Counseling

The ADC program offers a Certificate of Achievement and an Associate Degree. A Skills Competency Award: Post-Professional Practice in Alcohol and Drug Counseling is also available for licensed clinicians and other qualified professionals seeking expertise in the field of addictions counseling.

The Alcohol and Drug Counseling Program at Santa Barbara City College seeks to provide current education in the field of substance abuse/dependence. It is designed to provide students with the theoretical and practical training necessary to develop paraprofessional expertise in this field.

The goal of the ADC Program is to instill in our students basic knowledge and skills in counseling, pharmacology and physiology, case management, legal and ethical issues, cultural diversity awareness, co-occurring disorders, and family issues of those afflicted with substance abuse or dependence.

The required fieldwork component affords students hands-on supervised experience working at facilities dedicated to the treatment of alcohol and drug dependence.

ADC certificate recipients may be employed by inpatient and outpatient treatment clinics, transitional housing centers, mental health clinics, shelters, detoxification units, crisis intervention centers, incarceration facilities, and prevention programs.

SBCC: Your Open Door to Educational Excellence

Key: (AA)=Associate in Arts; (AS)=Associate in Science; (C)=Certificate of Achievement; (D)=Department Award; (SCA)= Skills Competency Award